

Craig Family Centre



TERM 4
2021

Course Guide

Our programs have been designed to keep you connected, supported and learning during these everchanging times. There are still many ways to keep in touch online!

Community Programs will be delivered online except where stated otherwise. We will continually monitor Government guidelines and the possibility of moving programs back to Centre throughout the term.



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www.craigfc.org.au





Kindergarten & Childcare

Joeys 2-5-Year-Old Sessional Care

A program facilitated by qualified early childhood educators. Children enjoy a range of activities, including weekly music and yoga classes. Childcare subsidy available (CCS).

Mon to Fri 9am – 2pm 04/10 (10wks); \$72 per session.

[For more information](#)

3-Year-Old Kindergarten

A kindergarten program for 3-year-old children turning 3 by April 2021. Facilitated by an early childhood teacher and qualified early childhood educator. Includes weekly classes in Mandarin and Yoga. Early Start Funding and Childcare subsidy available (CCS).

Mon and Wed 9am – 2pm 04/10 (10wks); \$435 per term.

[For more information](#)

Funded 4-Year-Old Kindergarten

A funded kindergarten program for children turning 4 by April 30, 2021. Allows children to develop skills for a smooth transition to formal learning. Includes weekly classes in Mandarin and Yoga.

Mon, Wed and Fri 9am – 2pm 04/10 (10wks);

Free throughout 2021. [For more information](#)

Playgroups & Activities for U6s

'Ways to Play' Workshop **NEW** Children's Week Event (0-6 yrs)

Help us celebrate Children's Week - Join us in this fun, free and interactive play workshop for families. Come on an exciting adventure where we will see lots of animals, sing songs and move our bodies in fun ways. Play Kits are provided.

Facilitated by EDVOS, this workshop will be delivered FREE to Boroondara families as part of our Children's Week celebrations. It is designed to bring families together, to build connections and learn new ways to interact with your baby, toddler or preschooler without reinforcing gender stereotypes.

Friday 29 October, 11.30am – 12.15pm; FREE

[For more information & to book](#)

Tuesday Morning Music with Jo (0-5yrs)

Actively engaging babies and toddlers in music and storytelling. Discover the rhythms and sounds of drums, percussion instruments and favourite sing-alongs with music teacher Jo Kitley. Book for the whole term or as you go!

Tues 11am – 11.30am 12/10 (8 wks); \$30 term, or \$5 per session.

[For more information & to book](#)

Creative Workshops with 'Squiggle Kids' (2-6 years) **NEW**

Interactive workshops with songs, creative activities and shared book readings. Children will develop fine motor skills and confidence through social, creative and language development - and have fun! Facilitated by Occupational Therapist Debbie Isaac and local children's author Lauren Gardiner.

Workshops are themed and materials will be provided. Attend one workshop - or all three!

Tues 26 Oct, 9.30am – 10.15am – 'Spring' theme, \$8

Tues 23 Nov, 9.30am – 10.15am – 'Summer theme', \$8

Tues 7 Dec, 9.30am – 10.15pm – 'Christmas' theme, \$8

[For more information & to book](#)



Little Kids' Paper Making Workshop National Recycling Week Event (3-6 yrs) **NEW**

Children will have fun in this hands-on workshop where they will explore the concepts of reducing, reusing and recycling. Children will learn how paper is made, discuss the difference between waste materials, and explore how to reuse or recycle waste items rather than throwing them in the bin. Each child will have the opportunity to explore the topic creatively by making their own recycled paper. Materials will be provided.

Facilitated by Little Sprouts, this is a sustainability program helping children to explore, connect with, appreciate and care for the environment.

Fri 12 Nov, 10am – 11am, \$10 per family/FREE to CFC members.

[For more information & to book](#)

Child & Teen Activities

Movies, Musicals & Popstars! (Grade 4-6)

Learn the fundamentals of acting, singing and dance in a small and interactive class. Develop the confidence to sing out loud and perform! Children will have fun as they create a short performance by end of term. Facilitated by NIDA graduate & Performing Arts teacher Belinda Jenkin.

Mon 5.30pm – 6.30pm 11/10 (8wks); \$160.

[For more information & to book](#)

Acting & Singing for Teens (Year 7-10)

For teens wanting to learn or further their performance skills for stage and screen. Develop skills in acting, voice and movement. Gain confidence to present a short performance by the end of term. Facilitated by NIDA graduate & performing arts teacher Belinda Jenkin.

Mon 6.30pm – 8pm 11/10 (8 wks); \$200.

[For more information & to book](#)



Bright Brains Homework Club (Year 1-10)

Homework and study tuition for primary and secondary school students. Support in early years literacy and numeracy, essay writing, exam revision, science projects and advanced mathematics. A fun, safe learning environment.

Wed 4pm – 5.30pm 13/10 (ongoing); FREE with CFC membership.

[For more information & to book](#)

Children's Week Poetry Competition (6-12 years) **NEW**

To celebrate Children's Week 2021, we invite all children living in Boroondara and neighbouring suburbs from years 1-6 to write a poem that tells us how they safely stayed connected with their friends during lockdown, what they're most looking forward to or their reflections more broadly. Lots of fun prizes to be won!

Entries are now open and close on Sunday, 31 Oct. [For more information & to enter](#)

Children's Language Classes

English Class (4+ Yrs)

School readiness program. An English class for Mandarin-speaking children, facilitated by bi-lingual facilitators for best learning outcomes.

Mon to Sun; times vary according to age, (10 wks); \$610.
For more information ph. 0468 880 629

Mandarin Prep Class (3-4 years)

Mandarin immersion activities: storytelling, music, games and handicraft.

Class times and fees vary according to age.
For more information ph. 0468 880 629

Bilingual Prep Class (English/ Mandarin), Facilitated (3-4 years)

Play-based activities to facilitate children's English development and readiness for kindergarten and school.

Class times and fees vary according to age.
For more information ph. 0468 880 629

Mandarin Class (4+yrs)

Fun and effective play-based Mandarin class. 1st language and 2nd language streams.

Mon to Sun; times vary according to age, (10 wks); \$610.
For more information ph. 0468 880 629

Health & Wellbeing

Al-anon

Help for families and friends of alcoholics recover from the effects of living with someone with a drinking problem.

Sun 6pm – 7pm. Phone Susan on 0438 050 622

Kadampa Meditation

Nightly meditation taught by qualified Buddhist teachers, easy to understand and apply to the 'busyness' of modern daily life. Suitable for beginners to advanced.

Various times available.

For more information & to book www.kadampa.org.au

Mindfulness Meditation

Guided meditations led by Counselling Psychologist & accredited Mindfulness Meditation teacher Jenny Clifton. Allows us to be less reactive, calmer and more focused. Classes suitable for beginners and more experienced meditators.

Second Tuesday of each month, 7.30pm.

For more information & to book 0412 025 375 or jen.clifton@hotmail.com

Mums 'n' Bubs Yoga (bubs 0-1 years)

A 45-minute weekly yoga class facilitated by experienced instructor Grace from 'Hello Yoga Kids'. Grace is a specialist post-natal yoga instructor and medical doctor, with a passion for yoga and all its benefits. These classes help mum to move and strengthen, while engaging with baby.

Thurs 11am to 11.45, 21/10 (8 wks); \$100

[For more information & to book](#)

Community Activities

Australian Breastfeeding Association, Boroondara Group

Information and support to help mothers to breastfeed. Everyone is welcome. Facilitated by trained volunteers.

Meetings Tues 10am – 12pm, monthly. For more information & to book: aba.boroondara@gmail.com

Chinese Seniors Group

A friendly social group for Mandarin-speaking seniors. Develop and practice your English skills and enjoy the opportunity to make new social connections through weekly classes and highlight excursions. Led by experienced bilingual Mandarin & English-speaking teachers. New members welcome!

Tues 10.30am – 12pm, 12/10 (9 wks); FREE

[For more information & to book](#)

Country Women's Association

Join the largest women's organisation in Australia. CWA works to advance the rights and equality of women, families and communities in Australia. Create new friendships and connections within your local community. New members welcome!

First Tues of month 7pm – 9pm & Sat craft meetings.

Email: cwa.ashburton@gmail.com

Edge Community Fund

A community volunteer group providing last resort funding for families. **Mon and Thu 10am – 11am**

Email: edgefund@craigfc.org.au

Guild of China Painters

Meet, discuss and practice this fine art.

3rd Sat of month 9.30am – 3.30pm (ongoing).

Email: vgcpinfo@gmail.com

GOLD Group

A social group for women aged 55+. Enjoy fun and new experiences in a supportive environment. Share knowledge, companionship, and time together. New members welcome!

Thurs fortnightly meetings; \$20 membership

[For more information & to book](#)

Guild of Egg Decorators

Meet, discuss and practice this fine art.

First Saturday of most months: 9.30am-3.30pm.

Email: elegantegg@ozemail.com.au

Lions Club of Boroondara–Gardiners Creek

A friendly and active Lions Club engaged in community services within the Boroondara area. New members welcome!

Second Monday of each month (unless a public holiday), 8pm – 9.30pm.

Enquiries to Chris Hayward: 1996lionsbgc@gmail.com

Special Event

'Life Beyond the Pandemic' Goal Setting Workshop NEW

Join us in this interactive Goal Setting workshop where we will look at life beyond the pandemic - take a step back and look at what life was, what it is now and what you want it to be post-pandemic! Take the learnings of lockdown - let's grow from it to create an optimal life beyond COVID.

This workshop will help you narrow your focus on what is truly important and establish meaningful and achievable goals into the future.

Facilitated by Mary Van Lambaart, Educational Consultant, Life & Business Coach. Suitable for ages 18+.

Tues 26 Oct 7pm – 8.30pm; \$10

[For more information & to book](#)



FREE!

'Safe Seats, Safe Kids' Child Car Seat Fittings

The 'Safe Seats, Safe Kids' program invites local parents, grandparents and carers to book in for a FREE child car restraint fitting or safety check.

Fortnightly fittings onsite Wed, 10am – 2pm.

[Click here to book](#)



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